



Providence House Assisted Living

180 Corey Road • Brighton, MA 02135 • (617) 731-0505

MEET THE TEAM

| | |
|------------------|--------------------------------|
| John B. | Executive Director |
| Jarred G. | Assistant Executive Director |
| Deborah T. | Resident Care Director |
| Chantal .P. | Beechwood Memory Care Director |
| Ranilla J. | Engagement Director |
| Tabitha J. | Marketing Director |
| Mark C. | Culinary Director |
| Jose S. | Facilities Director |
| Shawnte L. | Traditional Care Director |

NATIONAL MINORITY MENTAL HEALTH AWARENESS MONTH



Minority Mental Health Awareness Month

Each year, Minority Mental Health Awareness Month highlights the importance of mental health and well-being in all communities. It serves as a reminder that everyone deserves access to support, understanding, and quality mental health care. Maintaining good mental health can improve overall wellness, strengthen relationships, and enhance quality of life. Simple activities such as staying socially connected, participating in enjoyable hobbies, exercising regularly, and talking with trusted friends or family members can have a positive impact on emotional well-being. This month encourages us to foster compassion, reduce stigma, and support one another in creating healthier, more connected communities.

July 2026



Message From Our Executive Director, John Benedetti Happy Fourth of July

As we gather to celebrate the Fourth of July, we are reminded of the enduring values of freedom, unity, and community. This holiday is a wonderful time to reflect on our shared experiences and to appreciate the friendships and connections that make our community so special.

We are grateful for each resident, family member, and associate that contributes to the warmth and spirit of our home. May this Independence Day bring joy and meaningful moments with those around you.

Wishing everyone a safe, happy, and festive Fourth of July.

Resident Resources:

PACE- (617) 533-2400

Element Care Pace

(781) 715-5491

Metro Cab- (617) 782-5500

[Vouchers]

Boston Cab- (617) 536-5010

[Vouchers]

Bay State Cab- (617) 566-5000

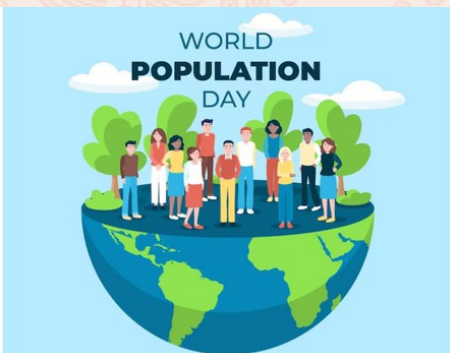
The Ride- (844) 427-7433

Hair Salon- Open Tues. & Thur.

11:00am-4:00pm

PH Store- Open Mon. 8am- Fri
8pm (located at the front desk)

World Population Day is an annual United Nations observance celebrated globally on July 11 to raise awareness about pressing demographic and development challenges such as family planning, gender equality, poverty, and human rights. The global population surpassed the 8 billion milestone and continues to grow.



World Population Day 2026 falls on Saturday, July 11, 2026. Established by the United Nations, the annual global event focuses on critical demographic issues like reproductive health, gender equality, human rights, and sustainable resource management as the global population continues to grow past 8.3 billion.



This month, I enjoyed participating in our Fruit Parfait Breakfast Social Discussion Group, where we shared ideas, conversation, and a delicious start to the day. I also had fun in the Baking Group making peanut butter cookies and enjoying the opportunity to bake, learn, and connect with others. Both activities were a wonderful way to socialize and try something tasty!



PH residents enjoyed Sunday karaoke—singing favorite songs and socializing with peers. The activity promoted enjoyment, engagement, and a positive community atmosphere.



PH residents and Brighton House residents joined together for a fun-filled arts and crafts session featuring personalized pillow decorating and canvas painting. It was a joyful afternoon of creativity, friendship, and self-expression.



The Providence House management team was pleased to provide Father's Day gifts to all of the men at Providence House, including both residents and staff, in recognition and appreciation of Father's Day.





Beechwood residents enjoyed a fun and colorful craft session, creating unique button-covered balloon decorations. The activity encouraged creativity, conversation, and plenty of smiles as residents showcased their artistic talents.



A beautiful day at the pond for Beechwood residents—watching the ducks, sharing stories, and enjoying each other’s company with a picnic basket and blanket. The afternoon was filled with laughter, conversation, and the simple joy of spending time together in the beauty of nature.



A Sweet Trip Down Memory Lane
This month, our Memory Care residents enjoyed a delightful activity that brought back cherished childhood memories by making their own homemade Cookies & Cream and Vanilla ice cream. From mixing ingredients to sharing smiles and stories, the experience was filled with laughter, nostalgia, and the simple joy of creating a timeless treat together.



Our Beechwood Memory Care residents enjoyed beautiful weather in the courtyard, playing a friendly game of cornhole, soaking up the sunshine, and spending quality time together. Outdoor activities like these encourage movement, social connection, and joyful moments while enjoying the fresh air and warm weather.



A Message From the Board

GOOD FRIENDS MAKE GREAT NEIGHBORS: RESIDENT REFERRAL PROGRAM

Imagine how nice it would be to have some of your friends living here with you at Providence House. I am sure you already mentioned to friends how happy you are here in your new home! A personal referral is the best and most effective way to promote and advertise Providence House. Providence House residents will receive \$500 as a thank you for each referral made that results in a signed residency agreement. Please see John Benedetti if you have any questions.

John Benedetti, Executive Director
Providence House Assisted Living
617-731-0505, ext. 201



The monthly Resident Meeting is scheduled on Tuesday, July 28th, at 2:30 PM in the Dining Room.

JULY IS

National HOT DOG MONTH.

TAKE A BITE OUT OF SUMMER!



Take Time
to Savor All of the
Joys of Summer!