



# Providence House Assisted Living

180 Corey Road • Brighton, MA 02135 • (617) 731-0505

## MEET THE TEAM

- Angie G. .... Executive Director
- Jarred G. .... Assistant Executive Director
- Rose C. .... Resident Care Director
- Gihan S. .... Beechwood Memory Care Director
- Ranilla J. .... Engagement Director
- Tabitha J. .... Marketing Director
- Mark C. .... Culinary Director
- Brian A. .... Facilities Director



Providence House welcomes **Gihan Suliman** as the new *Beechwood Memory Care Program Director*! Gihan joins the community with over twenty years of experience in the healthcare industry. Gihan earned an undergraduate degree in Biology from Tufts University and a Master's degree in Liberal Arts from Harvard University. In her new role, she will oversee all aspects of the daily operations for the Beechwood neighborhood. We are excited to welcome her to the team!

May 2025



## Message From Our Executive Director - Angie Gilbert

Dear Residents, Families, and Associates,

As we eagerly usher in the beautiful spring weather and welcome the blooming flowers, our community is filled with joy in celebration of a special occasion — Mother's Day! On this coming Mother's Day, we honor all the incredible women in our lives — mothers, grandmothers, caregivers, and nurturing spirits — who make the world a better place. We extend our gratitude for the dedication, sacrifices, love and life experiences they have bestowed upon us. Wishing you a joyful, peaceful, and love-filled Mother's Day!

**Resident Resources:**

- PACE- (617) 533-2400
- Metro Cab- (617) 782-5500  
[Vouchers]
- Boston Cab- (617) 536-5010  
[Vouchers]
- Bay State Cab- (617) 566-5000
- The Ride- (844) 427-7433
- Hair Salon- Open Tues. & Fri.  
10:30am-4:00pm
- PH Store- Open Mon.-Thurs.  
9am-1pm (located at the front desk)



Cinco de Mayo honors the 1862 Battle of Puebla. While it is not widely celebrated in Mexico, in the United States, Cinco de Mayo has become an observance of Mexican culture and heritage, specifically in regions with large populations of Mexican-Americans.



**Castle Island Lunch Trip**

We couldn't have asked for a better day for our outing to Castle Island! The sun was shining, the breeze was just right, and it turned out to be the perfect (and only!) day to sit on the beach. Our residents enjoyed a relaxing lunch with ocean views, some great company, and plenty of smiles all around. A simple moment of sunshine and salt air made for a truly memorable afternoon.



**Sip 'n Paint a Hit at PH!**

Our first Sip 'n Paint event was a huge success—residents had a blast! Due to the great turnout and positive feedback, this is just the beginning of many more creative nights to come. Stay tuned!



**Baking Highlights from Our Traditional Unit at Providence House**

This month, our traditional unit got creative in the kitchen! Residents and staff came together to bake some delicious treats, filling the halls with warmth and the scent of fresh goodies. From classic cookies to seasonal favorites, each item was made with love and shared with smiles. We look forward to more sweet moments ahead!



Our March birthday celebration with good vibes, great company, and a fun happy hour at PH! Don't miss the chance to toast to another milestone!



Beechwood residents enjoyed a delightful comedy session, thanks to one of our traditional residents, Mr. Devonshire, a former comedian who had everyone laughing with his timeless wit.



Hat Making Day in Beechwood! Some of the residents showing off their amazing creativity. Who knew felt, flowers and flair could go such a long way?



On our memory care unit, some of our residents enjoy painting, so today the residents decided to paint ducklings from their last field trip.



Some of our competitive, yet friendly activities among friends include playing games and bowling.



Sip & Paint with Beechwood residents and their families



That sounds amazing! Mini golf is such a fun and engaging activity—especially great for memory care residents since it's both social and low-pressure.

## A Message From the Board


### GOOD FRIENDS MAKE GREAT NEIGHBORS: RESIDENT REFERRAL PROGRAM


Imagine how nice it would be to have some of your friends living here with you at Providence House. I am sure you have already mentioned to friends how happy you are here in your new home! A personal referral is the best and most effective way to promote and advertise Providence House. Providence House residents will receive \$500.00 as a thank you for each referral made resulting in a signed residency agreement. Please see **Angie Gilbert** if you have any questions.

**Angie Gilbert, Executive Director**  
Providence House Assisted Living  
617-731-0505, ext. 201



The Monthly Resident Meeting is scheduled on **Tuesday, May 27th, at 2:30 PM, in the Dining Room.**



**HAPPY**   
*Memorial*  
**DAY**

**Kick-start the season  
of sun and fun!**



may is  
**Asian American & Pacific Islander**  
HERITAGE MONTH

