



# Providence House Assisted Living

180 Corey Road • Brighton, MA 02135 • (617) 731-0505

## MEET THE TEAM

Angie G. ....	Executive Director
Jarred G. ....	Assistant Executive Director
Rose C. ....	Resident Care Director
Rose C. ....	Beechwood Resident Care Director
Ranilla J. ....	Engagement Director
Tabitha J. ....	Marketing Director
Mark C. ....	Culinary Director
Brian A. ....	Facilities Director



There's nothing better than the gift of laughter. These funny Valentine's Day quotes are a great way to celebrate the holiday. Share them with your significant other, or send a friend a sweet note that's sure to make them smile.

## February 2025



### Message From Our Executive Director - Angie Gilbert

Carter G. Woodson was a scholar whose dedication to celebrating the historic contributions of Black people led to the establishment of Black History Month, marked every February since 1976. Woodson fervently believed that Black people should be proud of their heritage and all Americans should understand the largely overlooked achievements of Black Americans.

Woodson overcame early obstacles to become a prominent historian and author of several notable books on Black Americans. Born in 1875 to illiterate parents who were former slaves, Woodson's schooling was erratic. He helped out on the family farm when he was a young boy and as a teen worked in the coal mines of West Virginia to help support his father's meager income. Hungry for education, he was largely self-taught and had mastered common school subjects by the age of 17. Entering high school at the age of 20, Woodson completed his diploma in less than two years.

**Resident Resources:**

PACE- (617) 533-2400

Metro Cab- (617) 782-5500  
[Vouchers]

Boston Cab- (617) 536-5010  
[Vouchers]

Bay State Cab- (617) 566-5000

The Ride- (844) 427-7433

Hair Salon- Open Tues. & Fri.  
10:30am-4:00pm

PH Store- Open Mon.-Thurs.  
9am-1pm (located at the front desk)



It's February – American Heart Month – a time when the nation spotlights heart disease, the No. 1 killer of Americans. President Lyndon B. Johnson, among the millions of people in the country who'd had heart attacks, issued the first proclamation in 1964. Since then, U.S. Presidents have annually declared February American Heart Month.

Throughout the month, the American Heart Association's "Heart to Heart: Why Losing One Woman Is Too Many" campaign will raise awareness about how 1 in 3 women are diagnosed with heart disease annually.

The first Friday of American Heart Month, Feb. 7, is also National Wear Red Day as part of the AHA's Go Red for Women initiative. Coast to coast, landmarks, news anchors and neighborhoods go red to raise awareness and support for the fight against heart disease.



Providence House Staff Holiday Party and gifts. The staff enjoyed the different cultures of food and music.



Residents enjoying our entertainer, Dave, who plays the piano and guitar.



Our community is blessed to have Live Interactive Theater by Debi Block. Every month she showcases someone famous from the '50s to '70s. Our residents love it.



This year's Residents' Holiday Party: We had a surprise from Santa; he stopped by with gifts and spread some love in the community.



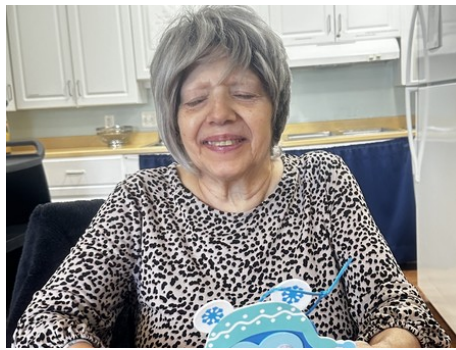
PH residents enjoying one of their favorite places to eat, Greg's Restaurant. The steak was on point, nicely cooked and served just the way they like.



At PH, we recognize and celebrate staff's birthdays every month. This month we celebrated Vedette.



It's Wednesday and we know how important bingo is to our residents in Beechwood community.



Some of our residents showing their creative winter crafts



Beechwood residents were so happy and pleased with their holiday gifts from Providence House.



Baking group on our memory care unit

## A Message From the Board

### GOOD FRIENDS MAKE GREAT NEIGHBORS: RESIDENT REFERRAL PROGRAM

Imagine how nice it would be to have some of your friends living here with you at Providence House. I am sure you have already mentioned to friends how happy you are here in your new home! A personal referral is the best and most effective way to promote and advertise Providence House. Providence House residents will receive \$500.00 as a thank you for each referral made resulting in a signed residency agreement. Please see **Angie Gilbert** if you have any questions.

**Angie Gilbert, Executive Director**  
Providence House Assisted Living  
617-731-0505, ext. 201



The Monthly Resident Meeting is scheduled on Tuesday, February 25th, 2025, at 2:30 PM, in the Dining Room.



february is  
*black history month*

Let's take time to remember the achievements and contributions of great African-Americans.



“PERSEVERANCE & SPIRIT  
HAVE DONE WONDERS IN ALL AGES.”

—GEORGE WASHINGTON



THIRD MONDAY IN FEBRUARY  
**PRESIDENTS DAY**

