

SEPTEMBER BEECHWOOD CALENDAR 2024



Providence House
Assisted Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:00 Breakfast 10:00 Morning Fitness 11:00 Who Am I 12:00 Lunch 1:30 Dominoes 3:00 Reading Group 5:00 Dinner 6:00 Netflix Documentary	2 9:00 Breakfast 10:00 Yoga 10:30 Dave Concert -CR 12:00 Lunch 1:30 Cheese & Wine Tasting 3:00 BINGO w Prizes 5:00 Dinner 6:00 Stream Fawlty	3 9:00 Breakfast 10:00 Band Chair Workout 11:00 Outdoor walk 12:00 Lunch 1:30 Sensory Activity 2:45 Reminiscing 5:00 Dinner 6:00 Stream: The Odd Couple	4 9:00 Breakfast 10:00 Yoga 12:00 Lunch 1:30 Baking group 2:00 BINGO! 5:00 Dinner 6:00 Movie Night: Residents pick	5 9:00 Breakfast 10:00 Airball Workout 11:00 Mini Golf 12:00 Lunch 1:30 Sensory Activity 3:00 Happy Hour-CR 5:00 Dinner 6:00 Stream: Dallas	6 9:00 Breakfast 10:00 Yoga 11:00 Outdoor walk 12:00 Lunch 1:30 Ballroom Dancing w/ Michael-CR 3:00 Movie & Spa 5:00 Dinner 6:00 Netflix Documentary	7 9:00 Breakfast 10:00 Fitness Fun 12:00 Lunch 11:00 Trivia 2:00 BINGO! 3:00 Reading Group 5:00 Dinner 6:00 Documentary
8 9:00 Breakfast 10:00 Morning Fitness 11:00 Trivia 12:00 Lunch 1:30 UNO 3:30 Dominoes 5:00 Dinner 6:00 Netflix Documentary	9 9:00 Breakfast 10:00 Airball Workout 11:00 Outdoor walk 12:00 Lunch 1:30 Sensory Activity 3:00 BINGO! 5:00 Dinner 6:00 Stream Fawlty	10 9:00 Breakfast 10:00 Morning Stretch 11:00 Mini Golf 12:00 Lunch 1:30 Sing Along 2:30 Puzzles 5:00 Dinner 6:00 Stream: The Odd Couple	11 9:00 Breakfast 10:00 Yoga 12:00 Lunch 1:30 Reminiscing 2:00 BINGO w Prizes 5:00 Dinner 6:00 Movie Night: Residents pick	12 9:00 Breakfast 10:00 Airball Workout 11:00 Outdoor walk 12:00 Lunch 1:30 Sing Along 3:00 Happy Hour-CR 5:00 Dinner 6:00 Stream: Dallas	13 9:00 Breakfast 10:00 Morning Stretch 11:00 Mini Golf 12:00 Lunch 1:30 BINGO! 3:00 Movie & Spa 5:00 Dinner 6:00 Netflix Documentary	14 9:00 Breakfast 10:00 Fitness Fun 11:00 Who Am I 12:00 Lunch 1:30 Dolores & Duane -CR 2:30 POKENO 5:00 Dinner 6:00 Movie

15 9:00 Breakfast 10:00 Yoga 11:00 Who Am I 12:00 Lunch 2:00 Table Games 3:00 Reading Group 5:00 Dinner 6:00 Netflix Documentary	16 9:00 Breakfast 10:00 Yoga 11:00 Culture Activity 12:00 Lunch 1:30 BINGO! 1:30 Sensory Activity 5:00 Dinner 6:00 Stream Fawltly	17 9:00 Breakfast 10:00 Fitness Fun 11:00 Outdoor walk 12:00 Lunch 1:30 Sing Along 3:00 Crafty Afternoon 5:00 Dinner 6:00 Stream: The Odd Couple	18 9:00 Breakfast 11:00 Airball Workout 11:00 Who Am I 12:00 Lunch 1:30 Baking group 2:00 BINGO! 5:00 Dinner 6:00 Movie Night: Residents pick	19 9:00 Breakfast 10:00 Yoga 11:00 Mini Golf 12:00 Lunch 1:30 Sing Along 3:00 Happy Hour-CR 5:00 Dinner 6:00 Stream: Dallas	20 9:00 Breakfast 10:00 Fitness Fun 11:00 Outdoor walk 12:00 Lunch 1:30 Sing Along 3:00 Movie & Spa 5:00 Dinner 6:00 Netflix Documentary	21 9:00 Breakfast 10:00 Yoga 12:00 Lunch 2:00 Classical Music w / Lisa 3:30 Bowling 5:00 Dinner 6:00 Movie
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22 9:00 Breakfast 10:00 Morning Stretch 11:00 Who Am I 12:00 Lunch 1:30 UNO 2:45 POKENO 5:00 Dinner 6:00 Netflix Documentary	23 9:00 Breakfast 10:00 Yoga 11:00 Outdoor walk 12:00 Lunch 1:30 Sing Along 3:00 BINGO! 5:00 Dinner 6:00 Stream Fawltly	24 9:00 Breakfast 10:30 Air Ball Workout 11:00 Word Peck 12:00 Lunch 1:30 Mini Golf in The Courtyard 5:00 Dinner 6:00 Stream: The Odd Couple	25 9:00 Breakfast 10:00 Morning Stretch 11:00 Outdoor walk 12:00 Lunch 1:30 70S Singalon 2:00 BINGO w Prizes 5:00 Dinner 6:00 Movie Night: Residents pick	26 9:00 Breakfast 10:00 Airball Workout 11:00 Culture 12:00 Lunch 1:45 Arts & Crafts 3:00 Happy Hour-CR 5:00 Dinner 6:00 Stream: Dallas	27 9:00 Breakfast 10:00 Morning Stretch 11:00 Word Peck 12:00 Lunch 1:30 BINGO! 3:00 Movie & Spa 5:00 Dinner 6:00 Netflix Documentary	28 9:00 Breakfast 10:00 Fitness Fun 11:00 12:00 Lunch 1:30 Sing Along 2:45 POKENO 3:00 Reading Group 5:00 Dinner 6:00 Movie
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29 9:00 Breakfast 10:00 Yoga 11:00 Who Am I 12:00 Lunch 1:30 Sing Along 2:30 Reading Group 5:00 Dinner 6:00 Netflix Documentary	30 9:00 Breakfast 11:00 Airball Workout 12:00 Lunch 2:00 BINGO w Prizes 3:00 Word Peck 5:00 Dinner 6:00 Stream Fawltly	31 9:00 Breakfast 10:00 Yoga 11:00 Outdoor walk 12:00 Lunch 1:30 Sing Along 2:00 Trivia 5:00 Dinner 6:00 Stream: The Odd Couple	<i>BIRTHDAYS</i> <i>Dorothy 9/8</i>		<u>Daily Beechwood Hydration Program</u> Hydration breaks: 11AM 2:30 PM 3:30 PM	All programs are subject to change without notice. Please see daily schedules for updated programs. <u>Calendar Completed by:</u> <u>Ranilla John-Finn</u> <u>Engagement Director</u> <u>rjohnfinn@coreypark.com</u>
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*Hello
September*