



Assisted Living

JULY CALENDAR 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Color Keys</p> <p>F-Fitness</p> <p>A-Art & Music</p> <p>E-Education</p> <p>S-Spiritual</p> <p>C-Culinary</p>	<p>1.</p> <p>9:30 Morning Exercise -CR</p> <p>10:15 Aging Well w/ Sister Carlotta -CR</p> <p>11:30 Lunch</p> <p>2:00 Jeopardy-CR</p> <p>4:30 Dinner</p> <p>6:30 Movie-CR</p> <p>7:00 Poker -L</p>	<p>2.</p> <p>9:30 Morning Exercise-CR</p> <p>10:45 Jeopardy-CR</p> <p>11:30 Lunch</p> <p>1:45 Painting w/Diana-BR</p> <p>3:00 Balance Training 2nd Floor by Appointment.</p> <p>4:30 Dinner</p> <p>6:30 Movie -CR</p>	<p>3.</p> <p>9:30 Yoga-BR</p> <p>10:45 Jeopardy-CR</p> <p>11:30 Lunch</p> <p>1:30 Bingo -CR</p> <p>3:00 MANICURE-BR</p> <p>4:00 Dinner</p> <p>6:30 Movie-CR</p>	<p>4. Happy 4th of July!</p> <p>9:30 Morning Exercise-CR</p> <p>10:45 Jeopardy-CR</p> <p>11:30 Lunch</p> <p>2:00 4th Of July Happy Hour Social - Courtyard</p> <p>3:30 Poetry-BR</p> <p>4:00 Dinner</p> <p>6:30 Movie-CR</p>	<p>5.</p> <p>9:30 Morning Exercise-CR</p> <p>10:45 Jeopardy-CR</p> <p>11:30 Lunch</p> <p>1:30 Current Events-CR</p> <p>2:30 Movie-CR</p> <p>3:30 Philosophy/Meditation -BR</p> <p>4:30 Dinner</p> <p>6:30 Movie-CR</p>	<p>6.</p> <p>10:00 Morning Exercise -CR</p> <p>10:45 Jeopardy-CR</p> <p>11:30 Lunch</p> <p>1:30 Dolores & Duane -CR</p> <p>3:15 Daily Crossword-CR</p> <p>4:30 Dinner</p> <p>6:30 Movie-CR</p>
<p>7.</p> <p>6:30 MOVIE-CR</p>	<p>8.</p> <p>9:30 Morning Exercise-CR</p> <p>10:45 Jeopardy-CR</p> <p>11:30 Lunch</p> <p>2:00 Classical Music w / Lisa</p> <p>3:00 Bowling - CR</p> <p>4:30 Dinner</p> <p>6:30 Movie-CR</p> <p>7:00 Poker -L</p>	<p>9.</p> <p>9:30 Morning Exercise-CR</p> <p>10:45 Jeopardy-CR</p> <p>11:30 Lunch</p> <p>1:45 Painting w/Diana-BR</p> <p>2:30 Food for Thought Meeting -DR</p> <p>4:30 Dinner</p> <p>6:30 Movie-CR</p>	<p>10.</p> <p>9:30 Yoga-BR</p> <p>10:45 Jeopardy-CR</p> <p>11:30 Lunch</p> <p>1:30 Bingo w/ Beth-CR</p> <p>3:00 MANICURE-BR</p> <p>4:00 Dinner</p> <p>6:30 Movie-CR</p>	<p>11.</p> <p>9:30 Morning Exercise-CR</p> <p>10:30 Shopping Trip -Stop n Shop</p> <p>10:30 Tom Concert - Courtyard</p> <p>11:30 Lunch</p> <p>2:00 Sing along w/Joanne-CR</p> <p>3:00 Happy Hour-CR</p> <p>3:30 Poetry-BR</p> <p>4:00 Dinner</p> <p>6:30 Movie-CR</p>	<p>12.</p> <p>9:30 Morning Exercise-CR</p> <p>10:45 Jeopardy-CR</p> <p>11:30 Lunch</p> <p>1:45 Current Events-CR</p> <p>2:30 Movie-CR</p> <p>3:30 Philosophy/Meditation</p> <p>4:30 Dinner</p> <p>6:30 Movie-CR</p>	<p>13.</p> <p>10:00 Morning Exercise -CR</p> <p>10:45 Jeopardy-CR</p> <p>11:30 Lunch</p> <p>2:00 Daily Crossword-CR</p> <p>3:15 Technology with Friends-CR</p> <p>4:30 Dinner</p> <p>6:30 Movie-CR</p>
<p>14.</p> <p>6:30 MOVIE-CR</p>	<p>15.</p> <p>9:30 Morning Exercise-CR</p> <p>10:45 Jeopardy-CR</p> <p>11:30 Lunch</p> <p>2:00 Baking Group-CR</p> <p>3:00 Ring Toss -CR</p> <p>4:30 Dinner</p> <p>6:30 Movie-CR</p> <p>7:00 Poker -L</p>	<p>16.</p> <p>9:30 Morning Exercise-CR</p> <p>10:45 Jeopardy-CR</p> <p>11:30 Lunch</p> <p>1:45 Painting w/Diana-BR</p> <p>3:00 Balances Training 2nd Floor by Appointment.</p> <p>4:30 Dinner</p> <p>6:30 Bill Burke Concert-CR</p>	<p>17.</p> <p>9:30 Yoga-BR</p> <p>10:45 Jeopardy-CR</p> <p>11:30 Lunch</p> <p>1:30 Bingo w/ Beth-CR</p> <p>3:00 MANICURE-BR</p> <p>4:00 Dinner</p> <p>6:30 Movie-CR</p>	<p>18.</p> <p>9:30 Morning Exercise-CR</p> <p>11:00 Lunch Trip- The Clam Box</p> <p>10:45 Jeopardy-CR</p> <p>11:30 Lunch</p> <p>2:00 Sing along w/Joanne-CR</p> <p>3:00 Happy Hour-CR</p> <p>3:30 Poetry-BR</p> <p>4:00 Dinner</p> <p>6:30 Movie-CR</p>	<p>19.</p> <p>9:30 Morning Exercise-CR</p> <p>10:45 Jeopardy-CR</p> <p>11:30 Lunch</p> <p>1:30 Ballroom Dancing w/ Michael -CR</p> <p>2:30 Movie-CR</p> <p>3:30 Philosophy/Meditation -BR</p> <p>4:30 Dinner</p> <p>6:30 Movie-CR</p>	<p>20.</p> <p>10:00 Morning Exercise -CR</p> <p>11:00 Mass w/ Father Mark -CR</p> <p>11:30 Lunch</p> <p>2:00 Daily Crossword-CR</p> <p>3:15 Technology with Friends-CR</p> <p>4:30 Dinner</p> <p>6:30 Movie-CR</p>

<p>21.</p> 	<p>22.</p> <p>9:30 Morning Exercise-CR 10:45 Jeopardy-CR 11:30 Lunch 2:00 Dave Concert -Courtyard 3:15 Arts & Crafts -BR 4:30 Dinner 6:30 Movie-CR 7:00 Poker -L</p>	<p>23.</p> <p>9:30 Morning Exercise-CR 10:45 Jeopardy-CR 11:30 Lunch 1:45 Painting w/Diana-BR 3:00 Balance Training 2nd Floor by Appointment. 4:30 Dinner 6:30 Movie -CR</p>	<p>24.</p> <p>9:30 Yoga-BR 10:30 Debra Block Interactive film theater -CR 11:30 Lunch 1:30 Bingo w/ Beth-CR 3:00 MANICURE-BR 4:00 Dinner 6:30 Movie-CR</p>	<p>25.</p> <p>9:30 Morning Exercise-CR 10:30 Shopping Trip- Dollar Tree 10:45 Jeopardy-CR 11:30 Lunch 2:00 Sing- A- Long w/Joanne-CR 3:00 Happy Hour/Birthday Party-CR 3:30 Poetry-BR 4:30 Dinner 6:30 Movie-CR</p>	<p>26.</p> <p>9:30 Morning Exercise-CR 10:30 Music with Heart-CR 11:30 Lunch 1:45 Movie -CR 3:30 Philosophy/Meditation -BR 4:30 Dinner 6:30 Movie-CR</p>	<p>27.</p> <p>10:00 Morning Exercise -CR 10:45 Jeopardy-CR 11:30 Lunch 2:00 Daily Crossword-CR 3:15 Technology with Friends-CR 4:30 Dinner 6:30 Movie-CR</p>
<p>28</p> 	<p>29.</p> <p>9:30 Morning Exercise-CR 10:45 Jeopardy-CR 11:30 Lunch 2:00 Baking Group -CR 3:00 Table Games -CR 4:30 Dinner 6:30 Movie-CR 7:00 Poker -L</p>	<p>30.</p> <p>9:30 Morning Exercise-CR 10:45 Jeopardy-CR 11:30 Lunch 1:30 Gina Concert -Courtyard 2:30 Residents Meeting-DR 4:30 Dinner 6:30 Movie -CR</p>	<p>31.</p> <p>9:30 Yoga-BR 10:45 Jeopardy-CR 11:30 Lunch 1:30 Bingo w/ Beth-CR 3:00 MANICURE-BR 4:00 Dinner 6:30 Movie-CR</p>	<p style="text-align: center;"><u>July Birthdays</u></p> <p style="text-align: center;"><i>Alvira. C 7/4 Donna H 7/6</i></p> <p style="text-align: center;"><i>Mollie H 7/22</i></p>		<p style="text-align: center;"><u>HAIR SALON</u> Tuesdays & Fridays 10 AM-4 PM</p> <p style="text-align: center;"><u>PH Store</u> Monday- Friday 9 AM- 1 PM At Front desk</p>

All programs are subject to change without notice. Please see the daily schedules for updated programs.