

Assisted Living February Calendar 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HIS	ACK INTERNATIONAL	HAIR SALON Tuesdays & Fridays 10 AM-4 PM	Color Keys F-Fitness A-Art & Music E-Education S-Spiritual C-Culinary	1. 9:30 Morning Exercise 10:30 SHOPPING TRIP TO MARKET BASKET 10:30 Debra Block Interactive Film/Theatre. 11:30 Lunch 1:30 Black History- Martin Luther King Jr. 3:00 Happy Hour-CR 3:30 Poetry-BR 4:30 Dinner 6:30 Evening Movie- CR 7:00 POKER /LLOYD -L	2. 9:30 Yoga-BR 10:30 Jeopardy-CR 11:30 Lunch 1:45 Current events-CR 2:30 Movie- CR 3:30 Philosophy /Meditation-BR 4:30 Dinner 6:30 Evening Movie-CR	3. 9:30 Morning Exercise - CR 11:00 Father Mark-CR 11:30 Lunch 1:30 Book Club -L 1:30 Duane & Dolores 3:00 Art and craft - BR 4:30 Dinner 6:30 Evening Movie-CR
4. 9:30 Morning Exercise -CR 10:45 Jeopardy W/ Laura- CR 11:30 Lunch 2:00 Bingo W/Laura -CR 4:30 Dinner 6:30 Evening Movie-CR	5. 9:30 Morning Exercise -CR 9:35 Balance training (By appointment only) -2nd Floor. 10:15 Aging Well w/ Sister Carlotta -CR 11:30 Lunch 1:45 Bowling-CR 4:30 Dinner 6:30 Evening Movie 7:00 POKER /W LLOYD-L	6. 9:30 Morning Exercise - CR 10:30 Jeopardy-CR 11:30 Lunch 2:00 Virtual Museum tour – CR 2:30 Residents Meeting-DR 4:30 Dinner 6:30 Evening Movie	7. 9:30 Morning Exercise - CR 10:30 Coleen Memorial Service -CR 11:30 Lunch 1:30 Bingo w/ Beth 3:00 MANICURE 4:00 Dinner 6:30 Evening Movie	8. 9:30 Morning Exercise-CR 10:30 Jeopardy-CR 10:30 Harvard Museum Art 11:30 Lunch 2:30 Happy Hour w/Tom Madden CR 3:30 Poetry-BR 4:30 Dinner 6:00 Evening Movie 7:00 POKER W/ LLOYD-L	9. 9:30 Yoga-BR 10:30 Jeopardy-CR 11:30 Lunch 1:30 Black History- President Obama -CR 2:30 Movie-CR 3:30 Philosophy/ Meditation-BR 4:30 Dinner 6:30 Evening Movie-CR	10. <u>Chinese New Year</u> 9:30 Morning Exercise - CR 10:30 Jeopardy-CR 11:30 Lunch 1:30 Book Club -L 145: Art & Craft-BR 3:00 Daily Crossword 4:30 Dinner 6:30 Evening Movie-CR

 11. 9:30 Morning Exercise -CR 10:45 Jeopardy W/ Laura -CR 11:30 Lunch 2:00 Bingo W/Laura -CR 4:30Dinner 6:30 Evening Movie-CR 	 12. 9:30 Morning Exercise - CR 9:35 Balance training (By appointment only) - 2nd Floor. 10:30 Jeopardy-CR 11:30 Lunch 1:30 Current Events-CR 2:30 Fitbit-CR 4:30 Dinner 6:30 Evening Movie-CR 7:00 POKER /W LLOYD-L 	 13. <u>Fat Tuesday</u> 9:30 Morning Exercise - CR 10:30 Jeopardy-CR 11:30 Lunch 1:30 Chocolate-Covered Strawberry for Valentines 2:30 Food for Thought Meeting -DR 3:30 Black History- Rosa Parks -CR 4:30 Dinner 6:30 Bill Burke Concert 	 14. <u>Valentine's Day</u> & <u>&</u> <u>Ash Wednesday</u> 9:30 Morning Exercise 9:35 Balance training (By appointment only) -2nd Floor. 10:30 Jeopardy-CR 11:30 Lunch 1:30 Valentine's Day Bingo w/ Beth -CR 4:30 Dinner 6:30 Evening Movie-CR 	 15. 9:30 Morning Exercise-CR 10:30 Jeopardy-CR 10:30 Flaming Grill 11:30 Lunch 2:00 Crossword 3:00 Happy Hour-CR 3:30 Poetry-BR 4:30 Dinner 6:30 Evening Movie-CR 7:00 POKER /W LLOYD 	16. 9:30 Yoga-BR 10:30 Jeopardy-CR 11:30 Lunch 1:30 Outdoor Activity 2:00 Diana Valentine's Day Fashion show-DR 2:30 MANICURE-BR 3:30 Philosophy/ Meditation-BR 4:30 Dinner 6:30 Evening Movie-CR	17. 9:30 Morning Exercise 10:30 Jeopardy-CR 11:30 Lunch 1:30 Book Club -L 1:30 Art & Craft-CR 3:00 Daily Crossword -CR 4:30 Dinner 6:30 Evening Movie-CR
 18. 9:30 Morning Exercise 10:45 Jeopardy W/Laura-CR 11:30 Lunch 2:00 Bingo W/Laura -CR 4:30 Dinner 6:30 Evening Movie-CR 	19 9:30 Morning Exercise 9:35 Balance training (By appointment only) - 2nd Floor. 10:30 Jeopardy-CR 11:30 Lunch 1:30 Black History video 2:00 Singo W/Judy-CR 4:30 Dinner 6:30 Evening Movie-CR 7:00 POKER /W LLOYD-L	20. 9:30 Morning Exercise 10:30 Jeopardy-CR 11:30 Lunch 1:30 Daily Podcast-CR 2:30 Painting (Ceramic Cups) 4:30 Dinner 6:30 Evening Movie-CR	21. 9:30 Morning Exercise 9:35 Balance training (By appointment only) -2nd Floor. 10:30 Jeopardy-CR 11:30 Jeopardy-CR 11:30 Lunch 1:30 Bingo w/ Beth 3:00 MANICURE 4:30 Dinner 6:30 Evening Movie-CR	22. 9:30 Morning Exercise-CR 10:30 Dave Concert-CR 10:30 Walmart 11:30 Lunch 1:30 Jeopardy-CR 3:00 Happy Hour-CR 3:30 Poetry- BR 4:30 Dinner 6:30 Evening Movie-CR 7:00 POKER W/ LLOYD	23. 9:30 Yoga-BR 10:30 Jeopardy-CR 11:30 Lunch 2:30 CROSSWORD 3:30 Philosophy /Meditation -BR 4:30 Dinner 6:30 Evening Movie-CR	24. 9:30 Morning Exercise 10:45 Jeopardy-CR 11:30 Lunch 1:30 Book Club -L 1:30 Art &Craft-CR 3:00 Daily Crossword -CR 4:30 Dinner 6:30 Evening Movie-CR
 25. 9:30 Morning Exercise 10:45 Jeopardy W/ Laura-CR 11:30 Lunch 2:00 Bingo W/Laura -CR 4:30 Dinner 6:30 Evening Movie-CR 	26. 9:30 Morning Exercise 9:35 Balance training (By appointment only) - 2nd Floor. 10:30 Jeopardy-CR 11:30 Lunch 2:00 Gina's Concert 3:00 Crossword-CR 4:30 Dinner 6:30 Evening Movie-CR 7:00 POKER /W LLOYD-L	27. 9:30 Morning Exercise 10:30 Jeopardy-CR 11:30 Lunch 1:30 Bowling 3:30 Crafty Afternoon (Bag craft) 4:30 Dinner 6:30 Evening Movie-CR	28. 9:30 Morning Exercise 9:35 Balance training (By appointment only) - 2nd Floor. 10:30 Jeopardy-CR 11:30 Jeopardy-CR 11:30 Lunch 1:30 Bingo w/ Beth 3:00 MANICURE 4:30 Dinner 6:30 Evening Movie-CR	29. 9:30 Morning Exercise-CR 10:30 Jeopardy-CR 10:30 Savers & Dollar Tree 11:30 Lunch 1:30 Black History -Kamala Harris 3:00 Happy Hour / Birthday Party-CR 3:30 Poetry -BR 4:30 Dinner 6:30 Evening Movie-CR 7:00 POKER /W LLOYD	Happy Birthday! Marlyn McKeon 2/5 Nancy Walsh 2/13 Roxanne Bogard 2/20	All programs are subject. to change without notice. Please see the daily schedules for updated programs Calendar Completed by: Ranilla John-Finn Engagement Director rjohnfinn@coreypark. com