

May 2023 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Birthdays</p> <p>NANCY B. 5/1 LAURA L. 5/8 LUDMILLA K. 5/11 CAROLANN Y. 5/12 JEANNE M. 5/14 EVE S. 5/15 KATHLEEN N. 5/16 THOMAS M. 5/18 JOHN J. 5/23 IRWIN C. 5/31</p>	<p>1. 9:30 Morning Exercises 10:15 Aging Well with Sister Carlotta CR 11:30 Lunch 1:30 Jeopardy 2:30 Art and Craft BR 3:30 Word Search 4:30 Dinner 6:30 Netflix Movie</p>	<p>2. 9:30 Morning Exercise 10:45 Trivia 11:30 Lunch 1:30 Live Food Presentation with Chef Dione 2:30 Resident Monthly Meeting - DR 4:30 Dinner 6:30 Netflix Movie</p>	<p>3. 9:30 Morning Exercise 10:45 Wheel of Fortune 11:30 Lunch 1:30 Bingo with Beth-CR 3:00 Penny Blackjack-CR 4:30 Dinner 6:30 Movie: Frankie Valli (singer)</p>	<p>4. Bird Day 9:30 Morning Exercise 10:00 Shopping Trip Market Basket 10:45 Break-A- Word 11:30 Lunch 1:30 Crossword 3:00 Gina Performs 3:30 Poetry 4:30 Dinner 6:30 Netflix Movie</p>	<p>5. Cinco De Mayo 9:30 Chair Yoga with Isabella 10:15 Remember Me: Memory Test 10:45 U be the Judge. 11:30 Lunch 2:00 Cinco De Mayo Party / Happy Hour 3:30 Philosophy/ Meditation 4:30 Dinner 6:30 Netflix Movie 7:00 UMass Concert</p>	<p>6. Kentucky Derby 9:00 Kentucky Derby Race CR 9:30 Tea for 2 coffees for u 10:00 Morning Exercises 10:15 Walking Club – Meet in Dining Room Lobby 11:00 Jeopardy 1:30 Book Club: Spare by Prince Harry - CR 3:30 Art for The Soul 4:00 Daily Crosswords with Shawna – CR 6:30 Netflix Movie</p>
<p>7. 10:00 Morning Exercise 10:45 Games 2:00 Jazz w/ Jeanette 3:45 Bizarre Bahamas on YouTube Food Culture Traditions CR 6:30 Netflix Movie</p>	<p>8. Ovarian Cancer Day 9:30 Morning Exercise 10:45 Wheel of Fortune 11:30 LUNCH 1:30 Painting with Friends- BR 2:30 Ovarian Cancer Lecture with Nurse Rose (For All) – CR 3:30 Nurse Appreciation Card Making – BR 4:30 Dinner 6:30 Netflix Movie</p>	<p>9. 9:30 Morning Exercise 10:45 Trivia 11:30 LUNCH 1:30 Singo w/ Judy -CR 2:30 Food for Thought Meeting –DR 3:30 Name that Tune. 4:30 Dinner 6:30 Netflix Movie</p>	<p>10. Purple for Lupus 9:30 Morning Exercise- 10:45 Jeopardy 11:30 LUNCH 1:30 Bingo with Beth - CR 3:00 Penny Blackjack-CR 4:30 Dinner 6:30 Kalifornia Karl Performs -CR</p>	<p>11. 9:30 Morning Exercise 10:00 Luncheon Trip Clam Box 10:45 Name 10 11:30 LUNCH 1:30 SPRING Crafts- BR 2:30 Australian Food, Culture and Traditions Video- CR 3:00 Happier Hour 3:30 Poetry 4:30 Dinner 6:30 Netflix Movie</p>	<p>12. Nurses Day 9:30 Chair Yoga with Isabella 10:15 Remember Me: Memory Test 10:45 WHO AM I? 11am-3pm Ian Macdonald Trunk Show 11:30 LUNCH 1:30 Ring Toss- Courtyard 2:00 Manicures- CR 3:30 Philosophy/ Meditation 4:00 Daily Crosswords 4:30 Dinner 6:30 Netflix Movie</p>	<p>13. 9:30 Tea 4 Two or Coffee u 10:00 Morning Exercises 10:15 Walking Club 11:00 Jeopardy 1:30 Book Club: Spare by Prince Harry - CR 2:30 Crafts n Creations: House Décor- CR Kitchen 4:00 Daily Crosswords 6:30 Netflix Movie with Popcorn</p>

<p>14. Mother's Day 9:30 Morning Exercise 10:45 Games with Laura- CR 2:30 Pokeno with Chris- CR 3:45 Crossword Puzzles- CR 4:30 Dinner 6:30 Netflix Movie</p>	<p>15. 9:30 Morning Exercise 10:45 Jeopardy 11:30 Lunch 1:30 Name 10 2:30 Tom Madden Performs - CR 3:30 Word Games 4:30 Dinner 6:30 Netflix Movie</p>	<p>16. Mimosa Day 9:30 Morning Exercise 10:45 Trivia 11:30 Lunch 1:30 Canvas Painting 2:30 Bill Burke Concert with Mimosa's - TBD 3:30 Outdoor Activity 4:30 Dinner 6:30 Netflix Movie</p>	<p>17. Idaho Day 9:30 Morning Exercise- CR 10:45 Wheel of Fortune 11:30 Lunch 1:30 Bingo with Beth- CR 3:00 Penny Blackjack- CR 4:30 Dinner 6:30 Netflix Movie</p>	<p>18. 9:30 Morning Exercise 10:00 Shopping Trip Star Market/ Dollar Tree 10:45 Jeopardy 11:30 Lunch 2:00 Live Theatre & Interactive Film by Debi Block 3:00 Happier Hour 3:30 Poetry 4:30 Dinner 6:30 Netflix Movie</p>	<p>19. 9:30 Chair Yoga with Isabella 10:30 PH FIELD DAY 11:30 Lunch 1:30 PIZZA DAY 2:30 Bowling 3:30 Philosophy/ Meditation 4:30 Dinner 6:30 Netflix Movie</p>	<p>20. Armed Forces Day 9:30 Tea for 2 Coffee 4 U 10:00 Morning Exercises 10:15 Walking Club – Meet in Lobby 11:00 Jeopardy 1:30 Book Club: Spare by Prince Harry - CR 3:30 Art for The Soul- Library 4:00 Daily Crosswords 6:30 Netflix Movie</p>
<p>21. 10:00 Morning Fitness 10:45 Games with Laura 2:30 Pokeno With Chris 3:45 Crossword Puzzles- CR 4:30 Dinner 6:30 Netflix Movie</p>	<p>22. 9:30 Morning Exercise 10:30 Jeopardy 11:30 Lunch 1:30 Bowling with Friends 2:30 Word Games with Shawna 3:30 Victoria Day Video/Discussion 4:30 Dinner 6:30 Netflix Movie</p>	<p>23. 9:30 Morning Exercise 10:30 Trivia 11:30 Lunch 1:30 Crafts n Creations: Hat & Visor Making 3:30 Making Pudding CR 4:30 Dinner 6:30 Netflix Movie</p>	<p>24. Brothers Day 9:30 Morning Exercise 10:30 Wheel of Fortune 11:30 Lunch 1:30 Bingo with Beth- CR 3:00 Penny Blackjack- CR 4:30 Dinner 6:30 Netflix Movie</p>	<p>25. Thyroid Day 9:30 Morning Exercise 10:00 Shopping Trip to Walmart 10:30 You Be the Judge! 11:30 Lunch 1:30 Ring Toss 3:00 Happier Hour 3:30 Poetry 4:30 Dinner 6:30 Netflix Movie</p>	<p>26. 9:30 Chair Yoga with Isabella 10:30 Jeopardy 11:30 Lunch 1:30 Outdoor Activity 3:30 Philosophy/ Meditation 3:30 Manicure Fridays with Shawna- CR 4:30 Dinner 6:30 Netflix Movie</p>	<p>27. 9:30 Tea 4 Two or Coffee 4 U 10:00 Morning Exercises 10:15 Walking Club 11:00 Jeopardy 1:30 Book Club: Spare by Prince Harry 2:30 Baking Club 3:30 Art for The Soul 4:00 Daily Crosswords 6:30 Netflix Movie</p>
<p>28. 10:00 Morning Fitness 10:45 Games with Laura- 1:30 Art & Craft - BR 2:30 Pokeno with Chris 3:45 Crossword Puzzles- CR 4:30 Dinner 6:30 Netflix Movie</p>	<p>29. Memorial Day 9:30 Morning Exercise 10:30 Memorial Trivia 11:30 Lunch 1:30 Memorial Day Observation and Badging Day Ceremony – Courtyard 4:30 Dinner 6:30 Netflix Movie</p>	<p>30. 9:30 Morning Exercise 10:30 Wheel of fortune 11:30 Lunch 1:30 The Best Moments of Clint Eastwood Video 2:30 Crafts n Creations 3:30 Guess That Chip Flavor- CR 4:30 Dinner 6:30 Netflix Movie</p>	<p>31. Senior Health & Fitness Day 9:30 Morning Exercise- CR 10:30 Jeopardy with Laura- CR 11:30 Lunch 1:30 Bingo with Beth- CR 3:00 Penny Blackjack- 4:30 Dinner 6:30 Netflix Movie</p>	<p><u>HAIR SALON</u> Tuesdays & Fridays 10:00AM-4:00PM Please make your appointment at the Reception Desks</p>	<p><u>All Activities will be held in the Community Room and Blue Room. Any Changes will be posted on the daily Scheduled.</u></p> <p><u>ACTIVITIES FOR SUBJECTIVE TO CHANGE WITH NOTICE</u></p> <p>COLOR KEY</p> <p>(FACES PROGRAM)</p> <p>F-FITNESS C-CULINARY</p> <p>A-ART & MUSIC E-EDUCATION</p> <p>S-SPIRITUAL</p>	

Please check daily sheets for an updated schedule of Programs /Order a Taxi Voucher please see Ranilla or Shawna before the 15th of every month *Please Have The Cash Ready*.

