

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:00 Armchair Pilates (CR) 11:00 Netflix: Our Planet (CR) 2:30 Jack Craig Performs the Holiday Songbook On Piano! (CR) 8:00 Patriots vs. Texans (CR)</p>	<p>2</p> <p>9:00 News Podcast (CR) 9:30 Morning Fitness (CR) 10:30 Toddler Visits with Melanie's Daycare (LR) 11:00 Holiday Tunes (CR) 1:30 Holiday Decorating with SHOWA Students (LR) 2:30 Ballroom Dancing with Michael (CR) 3:45 Resident Forum (CR) 7:00 Movie: <i>Stepbrothers</i></p>	<p>3</p> <p>9:00 Current Events (CR) 9:30 Movin' & Groovin'(CR) 10:30 Art with Max & Yun (RR) 1:30 Book Club: <i>Lincoln</i> (L) 1:30 Shopping Trip: Russo's/ Stop n' Shop 2:30 Favorite Tunes with Erin (CR) 3:30 Spirituality & the Arts with Max (RR) 3:45 Community Choir (CR) 7:00 Movie: <i>Gosford Park</i></p>	<p>4</p> <p>9:00 Crossword Puzzle (CR) 9:30 Yoga with Jordan(CR) 10:15 Play with Preschoolers (CR) 10:30 Neighborhood Walk (Meet in Lobby) 1:45 Current Events with Gordon (LR) 2:30 Penny Blackjack (CR) 4:00 Bingo! (CR) 7:00 TV Series: <i>The Crown</i></p>	<p>5</p> <p>9:00 Current Events (CR) 10:00 Strength & Power with Jordan (CR) 11:00 Blood Pressure Clinic(CR) 1:30 Chamber Music Performance by BU Students (CR) 2:00 Nail Painting w/Zoe(CR) 2:30 Theology Seminar (L) 3:30 General Store (RR) 4:00 Movement w/Naomi (CR) 7:00 TV Series: <i>NCIS</i></p>	<p>6</p> <p>9:00 Current Events (CR) 9:30 Chair Zumba (CR) 10:00 Foot Massage w/ Simmons Students (CR) 10:30 Music with Deb (LR) 10:30 Outing: Wayside Inn 1:30 Community Choir (CR) 1:30 Yun's Art Group (RR) 2:00 Writer's Workshop/Max 2:30 Live Your Best Life with Robin (LR) 3:30 Shabbat with Rabbi Ma'ayan (RR) 4:00 BC Students Visit (CR) 7:00 Movie: <i>Doctor Zhivago</i></p>	<p>7</p> <p>10:00 Strength & Stretch (CR) 11:00 Fitness Fun (CR) 2:00 Movie Matinee: <i>Spitfire: The Plane That Saved the World</i> 3:30 Conversational Spanish (L) 7:00 Movie: <i>Spitfire: The Plane That Saved the World</i></p>
<p>8</p> <p>10:00 Armchair Pilates (CR) 11:00 Netflix: Our Planet (CR) 2:30 Jen Aldana Sings Your Favorite Tunes! (CR) 4:25 Patriots vs. Chiefs (CR) 7:30 Movie: <i>Love Actually</i></p>	<p>9</p> <p>9:00 News Podcast (CR) 9:30 Morning Fitness (CR) 10:00 <i>Everyone's A Chef: Stuffed Peppers</i> with Ilaria 1:30 Cookie Decorating with SHOWA Students (CR) 2:00 Glee Club with Tom & Carol! (CR) 3:00 December Birthdays Celebration! (CR) 4:00 Food for Thought Meeting (CR) 6:30 Outing: Opera at Longy (Free) 7:00 Movie: <i>No Reservations</i></p>	<p>10</p> <p>Susie's Trunk Show 11-3 (LR) 9:00 News Podcast (CR) 9:30 Movin' & Groovin'(CR) 10:00 Trip: Enchanted Village 10:30 Flower Arranging with Max & Yun (RR) 10:30 Fitness Wonderland(2nd) 1:30 Book Club: <i>Lincoln</i> (L) 1:30 Shopping Trip: Stop n' Shop/Dollar Tree/CVS 2:30 Favorite Tunes w/Erin 3:30 Spirituality & the Arts 3:45 Community Choir (CR) 7:00 Movie: <i>The Tuxedo</i></p>	<p>11</p> <p>9:00 Current Events (CR) 9:30 Yoga with Jordan(CR) 10:00 Engaging in Aging w/Sister Carlotta (CR) 10:30 Neighborhood Walk (Meet in Lobby) 1:30 Healthy Seniors Discussion: Managing Grief During the Holidays 2:15 Penny Blackjack (CR) 4:00 Senior Supper 7:30 TV Series: <i>The Crown</i></p>	<p>12</p> <p>9:00 Current Events (CR) 10:00 Strength & Power with Jordan (CR) 11:00 Blood Pressure Clinic(CR) 1:30 Music w/Carolyn & Naomi (CR) 2:30 Hot Chocolate & Nail Painting w/Zoe (CR) 2:30 Theology Seminar (L) 3:30 General Store (RR) 4:00 Movement w/Naomi (CR) 5:00 Staff Holiday Party (Offsite) 7:00 TV Series: <i>NCIS</i></p>	<p>13</p> <p>8:30-10 Gordon's Event (CR) 9:30 Chair Zumba (CR) 10:30 Introduction to Weight Training (2nd) 10:30 Music with Deb (CR) 1:30 Shopping Trip: Market Basket/Marshall's 1:30 Community Choir (CR) 1:30 Yun's Art Group (RR) 2:00 Writer's Workshop/Max 2:30 Dave Andrews Performs! 3:30 Shabbat (RR) 7:00 Movie: <i>Butterfield 8</i></p>	<p>14</p> <p>10:00 Meditation with Erin (L) 10:45 Favorite Tunes with Erin (C) 1:45 Movie Matinee: <i>Under the Eiffel Tower</i> 2:30 Poetry (RR) 2:30 Song Lyric Analysis Discussion (L) 3:30 Happier Hour! (CR) 7:00 Movie: <i>Under the Eiffel Tower</i></p>
<p>15</p> <p>9:30 Armchair Pilates (CR) 11:00 Netflix: Our Planet (CR) 2:30 Mark West Performs on Piano! (CR) 7:00 Movie: <i>Five Flights Up</i></p>	<p>16</p> <p>9:00 Crossword Puzzle (CR) 9:30 Morning Fitness (CR)) 10:30 Toddler Visits with Melanie's Daycare (LR) 11:00 Festive Music (CR) 1:30 Current Events with Gordon (CR) 2:30 Holiday Ballroom Dance Party with Michael (CR) 3:45 Advisory Board Meeting (L) 7:00 Movie: <i>The 2000 Year Old Man</i></p>	<p>17</p> <p>9:00 Current Events (CR) 9:30 Movin' & Groovin'(CR) 10:30 Art with Max & Yun 10:30 Balance Clinic (2nd) 12:00 Lunch Outing: The Stockyard 1:30 Book Club: <i>Lincoln</i> (L) 2:30 Boston ArtSong Performance (CR) 3:30 Spirituality & the Arts 3:30 Outing: Holiday Lights 3:45 Community Choir (CR) 7:00 Movie: <i>Eat Pray Love</i></p>	<p>18</p> <p>9:00 Current Events (CR) 9:30 Yoga with Jordan(CR) 10:15 Play with Preschoolers (CR) 10:30 Neighborhood Walk (Meet in Lobby) 11:00 Music with Carolyn (CR) 2:30 Penny Blackjack(CR) 4:00 Holiday Bingo! Part 1 (CR) 7:00 TV Series: <i>The Crown</i></p>	<p>19</p> <p>9:00 Current Events (CR) 10:00 Strength & Power (CR) 11:00 Supervised Fitness (2nd) 1:30 Music w/Carolyn & Naomi (CR) 2:30 Makeovers w/Lisa & Nail Painting w/Zoe(CR) 2:30 Theology Seminar (L) 2:30 Fall Prevention (LR) 4:00 Resident & Families Holiday Party: Cocktails, Figgy Puddin' Carolers, Buffet Dinner 7:00 TV Series: <i>NCIS</i></p>	<p>20</p> <p>9:00 Current Events (CR) 9:30 Chair Zumba (CR) 10:30 Music with Deb (CR) 1:30 Shopping Trip: Star/Wegman's 1:30 Yun's Art Group (RR) 2:30 Community Choir Performance (CR) 3:30 Shabbat with Alicia(RR) 7:00 Movie: <i>Alice Doesn't Live Here Anymore</i></p>	<p>21</p> <p>10:00 Strength & Stretch with Jordan (CR) 11:00 Fitness Fun with Jordan (CR) 1:30 Walking Club (C) 2:00 Supervised Fitness (2nd) 2:15 Janna's Classic Ballet Program: <i>The Nutcracker</i> (CR) 3:30 Conversational Spanish (L) 7:00 Movie: <i>A Christmas Carol</i></p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>22 Hanukkah Begins at Sundown 10:00 Armchair Pilates (CR) 11:00 Netflix: Our Planet (CR) 2:30 Valerie & Jim Perform! (CR) 4:00 Hanukkah Lighting 7:00 Movie: <i>The First Wives Club</i></p>	<p>23 9:30 Current Events (CR) 10:30 Morning Stretch (CR) 1:30 Holiday Bingo! Part 2 (CR) 2:30 Holiday Crafts (RR) 3:30 Santa Strawberry Hats & History of Santa Claus (CR) 4:30 Hanukkah Lighting 7:00 Movie: <i>A Holiday Engagement</i></p>	<p>24 9:00 Current Events (CR) 9:30 Movin' & Groovin' (CR) 10:30 Art with Yun (RR) 10:30 Supervised Fitness (2nd) 1:30 Holiday Craft with Jordan (RR) 2:00 Movie Matinee: <i>White Christmas</i> 3:00 Hanukkah Lighting 7:00 Movie: <i>White Christmas</i></p>	<p>25 Christmas 9:00 News Podcast (CR) 10:00 Sunshine Fitness Video (CR) 2:30 Winter Holiday Piano Recital with Michael Leidig (CR) 4:00 Hanukkah Lighting 7:00 TV Series: <i>The Crown</i></p>	<p>26 9:00 News Podcast (CR) 10:00 Yoga with Carolyn (CR) 11:00 Music with Carolyn (CR) 1:30 Fine Art Presentation: Henri Matisse (CR) 2:30 Comedy Hour! (CR) 3:30 General Store End-of-Year Sale! (RR) 4:30 Hanukkah Lighting 7:00 TV Series: <i>NCIS</i></p>	<p>27 9:00 News Podcast (CR) 9:30 Morning Fitness (CR) 10:30 Music with Deb (CR) 1:30 Gripe Group (L) 1:30 Yun Art Group (RR) 1:30 Shopping Trip: Ocean State Job Lot/Shaw's 2:00 Writer's Workshop with Max (Private Dining Room) 3:00 Shabbat with Jeff and Hanukkah Lighting (RR) 7:00 Movie: <i>The Awakening of Motti Wolkenbruch</i></p>	<p>28 10:00 Morning Fitness (CR) 11:00 Create with Carolyn: Pinecone Floral Centerpieces (RR) 1:30 Walking Club (C) 2:00 Movie Matinee: <i>Echo in the Canyon</i> 2:30 Poetry (RR) 3:30 Happier Hour! 4:30 Hanukkah Lighting 7:00 Movie: <i>Echo in the Canyon</i></p>
<p>29 10:00 Armchair Pilates (CR) 11:00 Netflix: Our Planet (CR) 2:30 Rick Scalise on Piano! (CR) 4:00 Hanukkah Lighting 7:00 Movie: <i>Space Cowboys</i></p>	<p>30 9:00 Meditation with Erin (L) 10:00 <i>Everyone's A Chef: Baking</i> (CR) 1:30 2019 Reflection Discussion (CR) 3:00 Favorite Tunes with Erin (CR) 3:45 Musical Bingo! (CR) 7:00 Movie: <i>Star Wars the Last Jedi</i></p>	<p>31 New Year's Eve 9:00 Current Events (CR) 9:30 Movin' & Groovin' (CR) 10:30 Art Class with Myrna (RR) 1:30 Book Club: <i>Lincoln</i> (L) 2:30 Favorite Tunes with Erin (CR) 3:30 New Year's Celebration (CR) 7:00 Movie: <i>Sarah's Key</i></p>	<p style="text-align: center;"><u>Color Key</u></p> <p>Fitness</p> <p>Art & Music</p> <p>Culinary</p> <p>Education</p> <p>Spiritual</p> <p>Special Holiday Events are in Winter Blue.</p> <p>Please check daily sheets for an updated schedule of programs, including movies and trip times.</p>	<p style="text-align: center;"><u>Location Key</u></p> <p>(RR) = Red Room (L) = Library (LR) = Living Room (CR) = 1st Floor Community Room (2nd) = 2nd Floor Fitness Center (3rd) = 3rd Floor Meeting Area (D) = Dining Room (C) = Courtyard</p> <p>Daily Communion has been postponed temporarily. Thank you for your understanding.</p>	<p style="text-align: center;"><u>December Birthdays</u></p> <p>December 11 Joanne G. December 12 Ethel M. December 15 Susan H. December 16 Barry A. December 18 Norman C. December 20 Ed A. December 28 Barbara A. December 30 Cathy O. December 31 Connie B. December 31 Lynn C.</p> <p>Have questions? Please see Program Director Carolyn Melbye on the Terrace level or call 617-925-6250.</p>	<p>All programs are subject to change without notice.</p> <p>To hear the daily programs and for more information on-demand, call VoiceFriend at 1-877-281-5695.</p> <p>The Hair Salon on the Terrace Level is open Tuesdays & Thursdays from 10:00-4:00. It will be closed Dec. 26. Please make an appointment at Reception.</p>